

**To all prospective license applicants.**

To avoid any problems with your license application please ensure you achieve the following steps to ensure your license medical will be accepted and you will receive your racing license knowing you will not be asked to appear at the Ulster Centre's Disciplinary Committee.

- Your annual license medical **is supposed to be carried out by your registered NHS G.P.** A locum doctor in your family practice can carry this out if your doctor is on leave provided that doctor is working in your normal GP surgery and has an official stamp. This ensures the doctor carrying out your examination has full access to your current medical records.  
**Doctors offering to provide medical examinations outside your normal G.P. surgery should be avoided** as they will not have full access to your medical history and such license applicants can look forward to explaining their choice of doctor to the Ulster Centre's disciplinary committee!
- Be realistic. General Practitioners (G.P.) are, like all N.H.S. staff under increasing pressures and there are real shortages of GPs in some parts of Northern Ireland. You most likely will have to book such an appointment several weeks in advance.
- There is no point expecting an urgent appointment for an annual license. No health centre can be expected to grant you an emergency appointment for a racing license medical.
- A urine sample will be required for the medical examination.
- The examining DOCTOR must not only sign your form after the examination but also STAMP the form with his/her OFFICIAL STAMP .
- You can expect a charge for this service and this is between you and your G.P.
- There are exceptional circumstances which allow a competitor to have an annual race medical done by a doctor who is not their registered GP however this doctor MUST have full access to your medical records and again must stamp the form with their official stamp. Such cases normally are restricted to riders living overseas.
- Due to recent cases emerging of falsification of doctor's signatures and stamps by riders there will be increased scrutiny of license applicants' medical forms from now on.